

Saint Patrick's Preschool

Snack suggestions for February 2012:

Please be sure to check with your teacher for food allergies in your class.

Dates	Theme	Snack suggestions
Jan 30 – Feb 3	Fairytales Letter – Qq	Nestle Quick Quiche Apples Princess gummies Plums
Feb 6 - 10	Valentines Letter – Rr	Valentine cookies Milk Raisins Raspberries Rice Krispie treats Rice pudding
Feb 13 - 17	Healthy Kids Letter – Ss	Strawberries Strawberry milk Fruits/Vegies Salsa String Chees Short Bread cookies
Feb 20 - 24	Space Letter – Tt	Cosmos brownies Milky Way candy Star Crunch cookies Tangerines Tang Tortillas/Salsa Starburst candies
Feb 27 – Mar 2	Authors/Dr. Suess Letter – Uu	Apples Animal crackers Eggs Mini Cupcakes Swedish fish Utz pretzels Ugli fruit Upside down cake

These snacks replace and /or supplement the basic snack provided by the school. Be as creative as you would like - but try to be healthy too! It is fun for the children if the snack incorporates the theme for the week, but it is not necessary. Any kind of fruit is always a good choice.

You may bring snacks in at the beginning of the week or each day, as you prefer. Please label with the teacher's name and dates you are providing.

Thank you for helping!!